



RULES

Date: May 14th 2016

Start: Far de la Mola a las Sant Ferran at 5:30 p.m.

Finish: Paseo de la Marina (La Savina).

Latest arrival time: 8:00 p.m.

Registration deadline: 1.700 runners

Registration fee:

- 30 €, before April 20nd
- 40 €, from April 21st till May 9th (online registration period will finish on May 9th at 12 p.m.)
- 55 € on Friday May 13th (new registrations will be not accepted on Saturday May 14th)

Note: The name of those who complete their registration before April 20th will be written in their bib.

Return Policy inscriptions: Until March 31, amount will be integrally returned, but 10 € as management costs. **After this deadline will not be accepted low for any reason.**

Route: Urban and interurban circuit totally closed to traffic. The course is outlined as follows:

Altitud	Itinerario	Km. total
165	Start. Faro de la Mola, right direction to Pilar la Mola by PM-820.	0
165	Pilar de la Mola. right direction to Caló de Sant Agustí.	2,1
160	Pilar de la Mola. Out town	2,7
150	Provisioning. Restaurant Mirador. Begins descent	5
30	Caló de Sant Agustí. Ends descent.	7,4
30	Caló de Sant Agustí. Out town	7,7
20	Provisioning. Apartments Tramontana	10
15	Sant Ferran. Entry town, turn right at Guillem Moteri St., direction Es Pujols.	13,9
5	Provisioning. Out town	14
5	Es Pujols. Entry town by Miramar Av. , roundabout straight on, turn left by Espalmador St.	15,6
5	Out town, direction Port La Savina	16
3	Provisioning.	18,5
3	Ses Illetes beach, direction Port La Savina.	18,7
3	La Savina, turn right direction Port.	20,4
2	Meta. Port de La Savina. Paseo de la Marina.	21,1

Provisioning: Water at km 5, 10, 14, 18,5 and at the finish line.

Minimum age: Participants must be 18 on the day of the competition.

Bib collecting

Place: PORT DE LA SAVINA. Tent installed close to the finish line of the race.

Friday May 13th from 10 a.m. till 9 p.m. (non-stop service)

Saturday May 14th from 9 a.m. till 4 p.m.

ATTENTION: BIBS WILL NOT BE DELIVERED IN FARO LA MOLA BEFORE THE START

In order to collect your bib, an official identity document (ID card, passport, driving license) must be required. In addition must also know the assigned number of dorsal

Participants who cannot attend in person to his dorsal collecting at set times may authorize another person. Document to be filled can be downloaded from official website or from the confirmation e-mail sent.

Transfer of participants:

The organization will put at the disposal of the participants, upon request in the registration form, a shuttle bus service to the start line.

A ticket with the transfer origin point will be given to all participants who requested this service when registration was done, when collecting their bibs. This ticket, indicating the correct bus station, will be necessary to access to the bus.

ATTENTION: There will be a transfer service for those participants arriving from Ibiza on Saturday midday, from La Savina, parking Ferry Terminal at 3.30 p.m. It will be necessary to get your bib at the tent before accessing to the bus. Please make your displacement from Ibiza with enough time. **YOU MUST HAVE YOUR TICKET AND YOUR BIB NUMBER TO ACCES THE BUS.**

Points transfer of participants and times:

- La Savina (Parking Ferry Terminal) at 3.30 p.m.
- Sant Francesc Xavier (Parking Sa Sanieta – Eroski Suprmarket)) at 4:15 p.m.
- Es Pujols (C/ Barcelona, near square direction Sant Ferran) at 3.30 p.m.
- Sant Ferran (in front of Hostal Illes Pitiuses) at 4:15 p.m.
- Es Caló (little port parking area), at 4:15 p.m.
- Mariland crossing (rising up to La Mola), at 4:30 p.m.

Return transfer from finish line will start at 7 p.m.

Note: The Organization reserves the right to change the times and places of collection of people for technical reasons, it will be communicated to the participants during the bib collection.

Race control: Consisting of a chip installed in participants' shoes (laces / Velcro adhesive) to ensure a correct timing. If there is no chip or if it is incorrectly set, the race timing cannot be taken.

Those participants with a yellow chip may use it and codify it with the Organization (include code in the inscription form on the web site). Those who do not have a chip can hire a white chip to the Organization when confirming their registration (3 € hire rate + 5 € deposit) and will take them when collecting their bib. 5 € deposit will be reimbursed on returning the chip on finishing the race.

Gifts: On collecting bibs each athlete will receive a bag with a variety of gifts. Those completing the trial will receive a medal and a diploma reflecting the time achieved, which can be downloaded from our website on May 16th using your bib number.

Custody service: Bag custody services will be available at the start and finish where participants may leave their personal belongings. Belongings may be reclaimed on stating the bib number of the participant in question. All bags must be identified by a sticker supplied by Organization. Just one piece per runner will be accepted. Maximum 10 Kg.

Custody service will remain opened until fifteen minutes before the race. We do encourage the participants to come to the race only with what is necessary.

The organization is not responsible for personal belongings left in the custody service.

Medical services: A doctor will be responsible for this service. All athletes with physical and respiratory problems or allergies, etc. who require special attention should notify the Organization prior to the start of the competition and mark it on the back of the bib.

All runners take part in the race under their own responsibility and state possessing a sufficient level of fitness to face the race. The organization recommends all riders to perform a medical recognition or an exercise testing before the start.

Race insurance: Officially inscribed participants will be covered by an insurance policy which has been taken out by the Organization. Said insurance policy will cover any accidents occurring as a direct consequence of the race. Participants will not be covered for any accidents deriving from declared illnesses or disabilities, lesions, imprudence, negligence, inobservance of Laws or the rules of the race as neither will they covered in the event of accidents taking place in transit to and from the race.

The Organization disclaims all liability for damages that participants could suffer or cause to others after their participation in the race.

Race security: The Sant Francesc Local Police, the Traffic Section of the Civil Guard, Civil Protection and the Organization will be responsible for the security of the race. Participants should respect any indications made by all those responsible.

Ambulance service: Available at the start, backing the race and at the finish.

Trophies:

- Trophy for the top 3 finishers in the following categories "male Absolute," "Absolute female", "local male Absolute" and "Absolute local women."

- Trophy to the winner of the other categories according to Article 3 of this regulation.

In this edition trophies are cumulative.

Award Ceremony: At the finish line (La Savina), approximately at 7:00 p.m. The non-attendance at the ceremony trophies will be understood as the renunciation to the trophies. Any delegation to another person by the winners shall be known and authorized by the Organization, at least half an hour before such delivery.

Attention to participants in finish line: Runners will dispose of WC, changing room and showers in finish line, and services of physiotherapists and active recuperation.

REGULATION

ARTICLE 1 - The registration implies the acceptance of these rules.

ARTICLE 2 - Minimum age: 18 years old on the day of the competition.

ARTICLE 3 - Categories: one category is deemed made when 3 or more athletes entered, otherwise the organization can override the category and rank the athletes in other categories.

- Absolute masculine.
- Absolute feminine.
- Local absolute male.
- Local absolute female.
- Junior and up coming masculine and feminine (01/01/1994 – 14/05/1998)
- Senior masculine and feminine (15/05/1981 – 31/12/1993).
- M35 masculine and feminine (15/05/1976 – 14/05/1981).
- M40 masculine and feminine (15/05/1971 – 14/05/1976)
- M45 masculine and feminine (15/05/1966 – 14/05/1971).
- M50 masculine (15/05/1961 – 14/05/1966).
- M50 feminine (born before 15/05/1966).
- M55 masculine (15/05/1956 – 14/05/1961).
- M60 masculine (born before 15/05/1956).

ARTICLE 4 – Trophies:

- Trophy for the top 3 finishers in the following categories "male Absolute," "Absolute female", "local male Absolute" and "Absolute local women."
- Trophy to the winner of the other categories according to Article 3 of this regulation.

In this edition trophies are cumulative.

ARTICLE 5 - Disqualifications: They will be automatically disqualified from the test all athletes:

- Not to wear the official bib.
- Not to do the full route.
- Altering or conceal the bib advertising.
- Wearing the bib of another athlete.
- Arrive to finish line without your bib.
- Not to obey the instructions of judges or staff of the organization.
- Participants exhibiting violent or xenophobic attitudes, littering or carrying weapons outside the context allowed.

The organization may exclude some participants for unsportsmanlike behavior or disrespect to the organizers and / or to other participants.

Disqualified runners will automatically lose all chance of trophy, medal and diploma.

ARTICLE 6 - Return Policy inscriptions: Until March 31, amount will be integrally returned, but 10 € as management costs. **After this deadline will not be accepted low for any reason.**

ARTICLE 7 – By entering the **VIII MITJA MARATO POPULAR ILLA DE FORMENTERA**, participants consent to the Council of Formentera and UNISPORT CONSULTING - GERMATUR GESTION SL, to use their personal information by themselves or through third parties for pure sporting , promotional or commercial purpose.

Pursuant to the Organic Law of Protection of Personal Data, Law 15/1999 of 13 December (LOPD), the company informs you that the data obtained for the realization of one's own efforts in organizing the event sports will be included in several files called mixed clients / participants, and whose responsible for the files is GERMATUR GERSTION SL with CIF B- 57164303, with registered office at c / Gremi Sabaters 21 A37 - Palma de Mallorca , Balearic Islands.

According to what is stated in the law the participant has the right of access, rectification, cancellation and opposition in accordance with art. 15, 16, and 17 of Article 27 LOPD RLOPD - articulo30 of RLOPD / Article 31-33 of RLOPD / Article 31-33 of RLOPD / Article 35-37 of RLOPD . To do so, you must apply in writing to the registered office of GERMATUR GESTION SL, C/Gremi Sabaters, 21 3rd A37- 07009 Palma de Mallorca.

The participant agrees expressly that its processor perform assignments of the data contained in the files to agencies and organizations sponsoring the sporting event to develop the goals appropriate to them, including sending promotions and advertising in accordance with applicable law, assignments that are covered in Article 6 , Article 11 and 12 of the Data Protection Act. In the event that objects to such assignment must exercise their opposition in writing to the registered office of GERMATUR GESTION SL, C / Gremi Sabaters, 21 3rd A37- 07009 Palma de Mallorca.

Also, pursuant to the sporting interests, promotion, distribution and operation of **VIII MITJA MARATO POPULAR ILLA DE FORMENTERA** for everyone on any device (Internet, advertising, etc.), the registry yield, without time limit , explicitly to the organization the right to reproduce the name, the site obtained in overall and the participant 's own, category, on the sports brand and image (photo reproduction test , qualifying publication lists, etc. .) .

Acceptance of these rules necessarily implies that the participant authorizes the organizers of the **VIII MITJA MARATO POPULAR ILLA DE FORMENTERA** to total or partial recording of their participation in it, consent to be able to use your image for the promotion and dissemination of evidence in all its forms (radio, press, video, photo, DVD, Internet, posters, media, etc.) and relinquishes all rights to commercial exploitation and advertising they see fit to run, not right on their part to receive financial compensation.

ARTICLE 8 - Disclaimer:

Whereas I have done my registration to **VIII MITJA MARATO POPULAR ILLA DE FORMENTERA**, I pledge to comply with the rules governing the race, in addition to the rules of career direction and accept the rules found in the website of the organization www.marato-formentera.com

Hereby:

- I admit that I am solely responsible for all my possessions and athletic equipment during the test development and collateral activities .
- affirm and verify that I am physically fit and sufficiently trained for this competition and I have spent the appropriate medical examinations. Being physically well prepared for the competition, enjoy good general health, without suffering disease, physical defect or injury that may be aggravated by my participation in this test . If during the test, suffer an injury or other circumstances that could seriously affect my health, I will inform the Organization as soon as possible.
- I agree to be at my own cost medical treatment if necessary by injury, accident and / or illness during testing. Therefore, I attend own will and initiative fully assuming the risks and consequences of my participation.
- I allow free use of my name and any image in any publication or media taken during the test. In case of a minor, you must provide parental consent required by the organization for that purpose.

The document can be downloaded from the web or from the email confirmation of registration.

- I release the organization, event directors, employees, sponsors and volunteers of proof of any liability or claim on my part, including any direct or indirect damage or injury and death cases. Not applicable if damage or injury is of wrongdoing or negligence on the part of the organization.
- Having a physical ability, technical skill and resources sufficient to ensure survival as my own safety under the conditions of autonomy in which the test was developed.
- I agree to comply with standards and security protocols established by the Organization for the test, and maintain responsible behavior does not increase the risks to my physical or mental integrity. Follow the instructions and abide by the decisions made by those responsible for the organization (judges, doctors and organizers) on security issues.
- authorize the Medical Services of the test, to practice me any cure or diagnostic test that might need or not being able to apply , to your requirements I undertake to leave the test if they think it necessary for my health.
- My back is not transferable so you cannot take another participant or someone in my place.
- I know that the organizer, he reserves the right to admit or not a participant; even having paid the subscription rights would be returned to me if not admitted.
- I agree to follow the general guidelines of respect for the environment:
 - a) Participate wisely by the circuit.
 - b) Not alter the natural processes and ecosystem functioning.
 - c) Do not damage biotic, geological, and cultural or generally landscape resources.
 - d) Sort or avoid environmentally sensitive areas.
 - e) Perform the physiological needs in the right places, or in any case, far from waypoints or group of persons.
 - f) Do not pour or leave objects or liquids or solid wastes outside the places usually enabled for the collection thereof.

ARTICLE 9 - The organizers reserve the right to change or modify any information on the race or cancel the same by force majeure, publishing it on the official website are reserved.

ARTICLE 10 – It is strictly prohibited motorized vehicles or bicycles that do not belong to the organization. Motorized vehicles and bicycles official may monitor the race bear a visible identification at all times.

ARTICLE 11 - Entrants agree to each of the articles of this regulation and are committed to honestly and honor not anticipate at the time of departure and to cover the full distance before crossing the finish line.