VI TRAIL-RUNNING GOLF SON QUINT PALMA

<u>08-08-2025 – 19.00 H. * COURSE RACE 10 – 16 KMS.</u>



Regulations of the race

Art. 1.- The Club Marathon Mallorca, in collaboration with the Federació d'Atletisme de les Illes Balears, will organize the "VI TRAIL-RUNNING GOLF SON QUINT PALMA", a mountain foot race, which will have its start and finish in the car park of Golf de Son Quint in Palma de Mallorca and which will pass through the Son Quint mountain, the Na Burguesa and Son Vida mountain ranges, along paths, routes, tracks and forest trails, on 2 circuits, one of approximately 16 km for the long race and 10 km for the short race, to which only athletes who have previously registered (male/female) will have access, all must be over 18 years old, exceptionally in the 10 km race athletes over 16 years old may register, provided that when collecting the bib they provide written signed authorization from their parents or guardian, with or without a federation license from the FAIB.

The races are considered medium difficulty races. The races will take place next Friday, August 8, 2025, starting at 7:00 p.m.

There will be a Children's Trail promotion race of approximately 2,000 meters, which will start at the same place at 6:30 p.m. Athletes under 16 years of age may participate in this race, who, when collecting their bib, provide written authorization from their parents or guardian. Children under 8 years of age may participate as long as they are accompanied by an adult who will accompany them throughout the route, from the start to the finish line and who will be responsible for their participation.

Art. 2.- The organization has civil liability insurance and health care for all FAIB participants. It will also have a UVI-medicalized ambulance service and a race doctor.

Art. 3.- The technical control of the race will be carried out by the committee of judges of the Balearic Athletics Federation. Athletes are obliged to comply with their instructions, as well as those of the organization and law enforcement officers. The organization is not responsible for any moral or material damage caused to participants by ignoring their instructions.

Art. 4.- Registrations can be made at www.elitechip.net from 10:00 p.m. on February 1, 2025. The price of registrations will be as follows

- 20,- euros from 01-02-2025 to 31-03-2025
- 22,- euros from 01-03-2025 to 31-05-2025
- 25,- euros from 01-06-2025 to 06-08-2025; at 23.00 hours on this day, the registration period will close
- All participants who do NOT have a yellow chip or their own Championschip will have an additional cost of 2,- euros for chip rental in the registration price.
- All registrations made after the deadline will have an extra cost of 5,- euros.
- Registrations of athletes under 16 years of age for the 2,000 m. race will have a cost of 5,- euros

(for insurance costs and registration processing).

- Registration for children under 10 years of age is free and they must be accompanied by an adult
- Art 5.- Prizes: The following categories are established for classification purposes:
- Absolute Male and Female (for each race)
- 3 trophies for the first 3 classified in each absolute male and female category
- Male and female categories: Junior-Promise: from 18 to 21 years old, Seniors: from 22 years old and up to 39, M-40-49,

M-50-59, M-60 onwards and F-40-49, F-50-59, F-60 onwards

- All registered participants will receive a gift bag of the race when collecting the number.
- Each participant at the end of the route will receive a commemorative medal of the race.

Art 6. – Each participant must bring their own personal supplies. The race runs through places of great scenic beauty so it is strictly forbidden to throw wrappers or garbage. All containers must be numbered with the runner's number. The organization reserves the right to check the material that each runner is going to carry before starting the race and will remove anything that can be thrown if it is not numbered. If at the end of the race there are numbered containers on the circuit, the runner responsible for having thrown them will be disqualified.

The 16 km race will have 2 checkpoints and refreshment points, approximately at km 5 and 10 of the route. The 10 km race will have a checkpoint and refreshment point at km 5, in addition to those arranged by the organization. All participants must carry their own refreshments throughout the entire route. The handling and provisioning will be the responsibility of the participant, both to drink it on site and to refill their own personal refreshment station. The volunteers of the organization will not touch the materials on display or help the participants, and the participants must deposit all the remains and wrappers of their personal refreshment station in the garbage bags and bins placed at the refreshment station so that the organization staff can remove them.

• IMPORTANT: Participants who do not bring their own refreshment station: personal bottle or glass to hydrate themselves, or who misuse water at the refreshment stations to hydrate themselves, will be disqualified.

• It is recommended that all participants who plan to run for more than 2 hours wear headlamps.

Art 7.- The race runs along mountain paths, routes and trails, and is conveniently signposted and controlled by volunteers of the organization. However, it is the responsibility of the participants to know and follow the route marked with plastic tape and take the necessary precautions to not stray from the marked itinerary. If no marking tape or sign is found within a space of 200 m, the participant must go back and look for the last tape or mark seen and look for the route to follow.

Art. 8.- Race numbers will be collected on the same day, August 8, in the car park of Golf de Son Quint from 3:00 p.m. to 6:30 p.m.

Art. 9.- Registration for the race implies accepting and complying with the regulations. It is up to each participant to ensure that their health is appropriate to endure and enjoy this event. A maximum time for the competition is set at 4 hours

GENERAL CONDITIONS:

1. - By registering and taking part in this race, you are fully accepting these rules, as well as any other provisions that the Organisation may take from time to time for any reason.

2. - The Organisation reserves the right to disqualify or expel from the competition any athlete who falsifies information about himself, does not complete the course, has an unsportsmanlike attitude towards other participants, etc.

3. - Athletes will provide their identification to the Organisation, should it be required. Athletes without a number who have not registered as required will be prevented from accessing the circuit and taking part in the race.

4. - Participants consider themselves physically and mentally fit to take part in the competition, and are fully responsible for any injury that may be suffered by them, no matter how serious it may be. The Organisation declines all responsibility for moral, physical and material damages that may be suffered by the participants.

SPECIAL PROVISIONS:

1. - These rules are made public on a provisional basis, the Organisation reserves the right to change them, according to its needs and criteria, which will be notified to the participants, prior to the start of the competition.

2. - If for any reason beyond the control of the Organisation: health pandemics, terrorist actions, weather conditions, accidents or closures of sections of circuits, denial of government authorisation for any reason or pretext, etc., the race cannot be held on the scheduled date, or in the event that the registered person cannot take part in the race for justifiable reasons (injury, illness, or inability to be physically present at the start site on this day), the Organisation will not refund the full amount of the registration made by the participant or authorised person, only 75% of the registration amount may be claimed, the other 25% will remain in the possession of the organisation to cover the management costs of each participant, such as bank commissions, insurance, preparation of numbers or other registration costs made prior to the competition. 3. Participants may also choose to deposit the cost of their registration and keep their registration open for when it can be carried out in the event that the planned date is postponed.

4. The Organisation reserves the right to modify the planned routes if, for any reason beyond its control, the route designed and advertised in advance cannot be followed.